

GROWTH GROUP

Study Guide

Ready for the Fight: Gear Up
Shield of Faith – Ephesians 6:16

My Story

1. Have you ever prepared really well for something (game, test, event)? How did preparation change your confidence?

Digging Deeper

2. Why does Paul describe faith as a shield rather than likening it to some other piece of armor? How does faith function as protection in the spiritual battle?
3. Why might doubt be one of the enemy's most effective weapons? How can remembering past faithfulness from God strengthen our present shield of faith?

4. How can faith help extinguish temptation before it becomes action? Why is ongoing spiritual preparation necessary to keep our shield ready?

Reflection

5. How can you intentionally “take up” the shield of faith each morning rather than reacting only after difficulty comes? How does your prayer life reveal the current strength of your faith?
6. When have you seen faith extinguish a lie or accusation in your life? In what situations do you find it hardest to actively trust God? Why?

SERMON NOTES

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Taking the Next Step

Satan's deadly arrows are aimed at every believer. We must remember God's promise that, "no weapon that is formed against you will prosper" (Isa. 54:17). Trust the Lord and rely on His strength for the battle. Let your faith in Almighty God shield you.

Praises / Prayer Requests

