

Study Guide

Taking a Good Hard Look – James 1:19-21

My Story

1. How would others describe your temper: Short fuse, big blow-up? Long fuse, little fizz? Other?

Digging Deeper

2. Verse 19 says be "quick to hear, slow to speak, slow to anger." Do you think most people operate like this? Why or why not? Why does quick speaking and slow listening get people into trouble?

3. How does the "anger of man" (v.20) differ from God's anger?

4. What does it look like to receive God's Word "in humility" (v.21)? How are you seeking God's Word daily and applying it in your life?

Reflection

5. What kinds of things make you angry? Give an example of an area you have shown selfish anger. Give an example of an area you have righteous anger.

6. What can you do in a realistic, practical sense to guard against losing your temper in front of other people?

Taking the Next Step

At your meeting this week you will be given a gift. Spend some time getting familiar with the verses on it, and put it in your purse or wallet. Look for opportunities to show it to others and use it as a tool to point others to Christ.

Praises / Prayer Requests

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SERMON NOTES

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