

GROWTH GROUP

Study Guide

God's Promises to a Woman's Heart

My Story

1. Have you ever had to break your promise to a loved one? What happened?

Digging Deeper

2. Read 1 John 1:8-10. Do you believe that God's forgiveness is complete even if our confession is not? Why/why not?
3. Read Psalm 34:18-19. Does verse 19 suggest that true Christians don't experience afflictions? If not, what do we need to know about going through them?

4. Read Isa. 40:28-31. Compare v.31 with Exod. 19:4 and Deut. 32:10-11. How is learning to hope in God (v.31) like a fledgling bird learning to fly?

Reflection

5. In what ways have you experienced God's presence during difficult times in your life?
6. Which of God's many promises in the Bible have been most precious to you over the years?

SERMON NOTES

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Taking the Next Step

Find your hope in God's promises. Take a moment this week to read Philippians 4:12-13. Pray that, along with the Apostle Paul, you may be able to find contentment in your circumstances and the strength which God provides.

Praises / Prayer Requests

