

GROWTH GROUP

Study Guide

Psalm 119:73-80 – Hope & Purpose Amidst Affliction

My Story

1. Describe a time when you were wrongly or unfairly judged.

Digging Deeper

2. The psalmist prayed for growth in his understanding of, and obedience to, God's Word (vv.73+80). What sorts of things can challenge our obedience to God? What can we expect from God when we obey Him?
3. Read Hebrews 10:19-25. Why is fellowship with God and others important? How is this reflected in the psalmist's prayer in Ps. 119:74+79?

4. Our author sought God's comfort in his affliction (vv.76-77). When is comfort a part of God's plan for us? When might comfort be a danger to us?

Reflection

5. When you are experiencing troubles in your life, what do you crave more – the removal of the affliction, or God's comfort in the midst of the affliction? Why?
6. Pride and arrogance can keep us from caring for others the way we should. List 5 things you could do to bless another believer and show them compassion.

SERMON NOTES

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Taking the Next Step

Seek to be a blessing to another believer this week. Put into practice one of the ideas you came up with in response to question #6. What can you do to lift someone else's spirits today?

Praises / Prayer Requests

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