

GROWTH GROUP

Study Guide

Romans 8:1-4 – Free at Last!

My Story

1. When in your life have you felt the freest? Why?

Digging Deeper

2. Does verse 1 indicate that Christians will never experience any consequences for their sins? What is the difference between “condemnation” and “consequences”?
3. Compare verses 2+3 with Gal. 5:1. Jesus wants us to experience freedom. After experiencing freedom, in what ways can Christians become enslaved again?

4. Read Rom. 7:4 & 8:4. What is God’s goal in freeing us from the law of sin and death? What does that look like in our lives?

Reflection

5. Why do we often feel condemnation, not freedom, in our lives? How can this text give us hope when we feel like we are failures, frustrated with our sin?
6. What is it about following rules and regulations that sometimes makes us feel more comfortable and safe than trusting in the Holy Spirit to guide us?

SERMON NOTES

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Taking the Next Step

Take time to thank God for giving His Holy Spirit to make you holy. Ask Him to make you increasingly aware this week of the Spirit's availability to help you resist sin.

Praises / Prayer Requests

